Gynaecological ONCOLOGY

GOOD NEWS Edition 15 - June/July 2018

Message from the Director, Prof. Andreas Obermair





Where does your influence stop?

Henry Adams said, 'A teacher affects eternity; he can never tell where his influence stops." The same can be said for research. As we approach midyear, we have reflected on how gynaecological cancer research happening in Brisbane is having such a global impact.

Recently, I spoke on ABC's Radio National program about how we are translating our research results into positive change. We're now training surgeons to confidently choose laparoscopic hysterectomies over open abdominal surgery. This will create better outcomes for any woman needing a hysterectomy and better outcomes for our health system.

I would like to thank our wonderful trial participants. You are the heart and soul of our research. Without you, we could not improve the way we do things. Finally, I invite you all to attend the 2018 Patient Symposium. As well as hearing the research updates, you'll have the opportunity to meet women with gynaecological cancer and their support crew.

I look forward to seeing you there.

Book your spot now for the 2018 Patient Symposium

This event happens only once a year. Join us on Saturday 8 September 2018, from 10 am to 2 pm, at Customs House in Brisbane. This year, our Symposium theme is Survivorship: making life after gynaecological cancer the best it can be.

Our list of speakers and topics is on our website www.gyncan.org under 'Events' in the 'News' dropdown menu.

You can register your interest by emailing info@gyncan.org or calling 07 3646 3882. Please provide your name, how many attending in your group, specific dietary requirements and preferred contact method (email preferable).

Think you can't ask that? You can!

This year, as we prepare for our annual Patient Symposium, we're inviting you to ask the expert panel a question. Please email your question to info@gyncan.org. The expert panel will answer a selection of questions at the Symposium and we will share the answers on our website www.gyncan.org

SURVIVORSHIP

8 SEPT 2018

10.00am - 2.00pm

AstraZeneca We spor signific

Thank you to our community

Late last year, the Mundubbera Hospital Auxiliary hosted a fundraising high tea for QCGC Research's ovarian cancer research and raised \$2,320!

Our special thanks to QCGC Research volunteer and Mundubbera resident, Jill, who made this happen. If you have a fundraising idea you would like to discuss, please contact us on 07 3646 5486 or email info@gyncan.org.



We sincerely thank the team at AstraZeneca Australia for sponsoring our 2018 Patient Symposium and making this significant event possible for our patients and the community.

If you would prefer to receive this newsletter electronically, email us at info.gyncan.org and provide your email address.



Research never happens in isolation. It draws on, inspires and informs other studies. We can see the growing international influence of our research in two ways:

Citations

Other researchers around the world are citing QCGC Research papers and projects. Keep an eye on our Global Influence page on our website using this link http://bit.ly/2KpoLSn to see how our work is being used worldwide.

Invitations to speak at international conferences

Our Head of Research, Professor Obermair, has been invited to speak:

- In July at the Indonesian Society of Gynaecological Oncology Biennial Meeting
- In September at the 2018 Biennial Meeting of the International Society of Gynaecological Oncology in Kyoto, Japan
- In October at the European Society for Medical Oncology in Munich and the European Society for Gynaecological Endoscopy in Vienna.





IMAGINE what's possible with further research and training

We have shown that women can have better outcomes if they receive a laparoscopic ("keyhole") hysterectomy rather than traditional open abdominal surgery. Overall, laparoscopic hysterectomy is also less costly for the health system. Nonetheless, 40% of hysterectomies in Australia are still done the invasive open way.

Our LIgHT study showed the main impediment to gynaecological surgeons changing their practice was a lack of training opportunities to gain the advanced surgical skills needed to conduct the less-invasive keyhole hysterectomy. To find out more on the LIgHT study visit our website using this link http://bit.ly/2GG2ZXA

So, we developed the IMAGINE Trial to test a model to train gynaecological surgeons in the less-invasive technique. Once equipped with their new skills, surgeons will achieve better outcomes for women, and save costs for the health system. To find

out more on the IMAGINE trial visit our website using this link http://bit.ly/2H9037B Currently, IMAGINE is training at three Queensland hospitals; three gynaecological cancer surgeons are

providing the training, and nine surgeons have already received the training. In 2018/19 we aim to expand



ECHO trial participants step up

The ECHO study aims to show whether there is a link between exercise and sticking with chemotherapy for ovarian cancer patients. We have 117 patients enrolled in Queensland and a total of 147 nation-wide. If you'd like to find out more head to the ECHO Trial outline on our website. http://bit.ly/2leqkVS

For more information on our LIgHT Study, IMAGINE Trial, ECHO Trial or any other trial, visit www.gyncan.org and click on 'Current Trials' under 'Our Research'.



QCGC

research

CA-125 app gives back

This app gives women with ovarian cancer some control back by helping them to monitor their tumour markers in real time. Every CA-125 app research. Find it in the App Store or Google Play for \$9.99.

Website: www.gyncan.org Email: info@gyncan.org Phone: 07 3646 5486



EOFY donation

As this financial year ends, please consider where your own influence stops. Remember, a muchneeded donation of \$2 and over is a tax deductible purchase also gives back to gynaecological cancer in Australia. Visit our website www.gyncan.org & click on 'Donations' under 'How you can help'.



#QLD Centre for Gynaecological Cancer Research @QCGC Research

