

In search of quality as well as quantity

At the 2019 Patient and Community Symposium, we welcomed Ms Dicey Scroggins as our first international quest speaker. Dicey is the International Gynecologic Cancer Society's Director of Global Outreach and Engagement. She is also a 22-year ovarian cancer survivor. By talking openly about her experience, Dicey set the tone for the day of laughter, tears and hope.

During her speech, Dicey said, "the quality of your life is equally as important as the length of it." It reminded me that while we may not know how long we'll be around, each one of us can influence the quality of our life. By pursuing research that's focused on patient needs, we can improve the length and quality of many lives, and that's why we do it. My thanks to our wonderful patients who willingly participate in research trials. You are making a difference now and for future generations.

If you're feeling inspired to improve the quality and length of your life and that of others, please register for the Cherish Challenge Larapinta 2020: www.cherish.org.au/larapinta2020. If Ella Bache CEO Pippa Hallas can step out of her comfort zone and sign up, so can you! We need everyone on the team hiking Australia's ancient red centre and raising funds for modern research. Wishing you quality time with family and friends this Christmas and New Year.



2019 Community & **Patient Symposium**

On Saturday 7 September 2019 at Customs House in Brisbane, we welcomed more than 150 attendees at our annual Symposium.

Thank you to our sponsors, AstraZeneca and the Cherish Women's Cancer Foundation.

We have received some great feedback about the 2019 program, especially the practical advice about food, sleep and sex. We would love to hear your thoughts and ideas about speakers and topics for our 2020 event. Suggestions can be emailed to I.harrold1@ug.edu.au

Closing for Christmas and the New Year

The QCGC Research office will be closed from Monday 23 December 2019 until Monday 6 January 2020, when we will return ready for what promises to be a big 2020! Our best wishes to you for the festive season!





CREATE CHANGE

Introducing ENDO-3



For early-stage endometrial cancer, a new trial, ENDO-3, is due to commence in 2020. This trial will test whether sentinel node biopsy (SNB) is an effective approach for women with early-stage endometrial cancer. Given an increasing number of gynaecological cancer surgeons use SNB to treat patients, we urgently need high-level evidence to support its value. Before it can begin, ENDO-3 needs funding. If you or someone you know can help, please contact us at l.harrold1@uq.edu.au

Results in 2020 for feMMe

The recruitment phase of this clinical trial for endometrial cancer is complete, and 165 patients are now enrolled in feMMe from 16 sites. We hope to have the preliminary results later next year, once the final patient has completed the trial. We have also just received ethics approval to be in touch with feMMe trial patients after they have completed the trial to see how they are. For information on our trials, visit: www.gyncan.org/our-research/ourresearch-trials/femme-trial

Cherish Challenge Larapinta 2020

Time is running out to join the Cherish Challenge Larapinta 2020! If you or anyone you know loves to get outdoors for a good cause, please share this adventure with them. June/July 2020 may seem a long way off, but the Larapinta Trail is a very popular desination. If we can't fill in the Cherish trek dates, another group will get them. Hike over three or six days, sleep under a blanket of stars and connect with friends, old or new. Register here today: www.cherish.org.au/larapinta 2020



Thank you for your support



Without support from our community, we would not be here. We give thanks to every person and organisation who helps make gynaecological cancer research possible with their donation. Our community includes the friends and family of women diagnosed with gynaecological cancer, patients, survivors, gynaecological cancer research charities like Cherish, University of Queensland staff, community groups and researchers. Please stay with us in 2020.



Donate online at www.gyncan.org/how-you-can-help or call UQ's fundraising team on 07 3346 3900 during business hours.







Website: www.gyncan.org Email: e.capaldi@ug.edu.au Phone: 07 3346 5031





